

# Barefoot in the City

## Raising Successful, Free-Range Organic Kids

**"Teaching our children to grow bananas instead of joining the stampede for depleted gold mines."**

The world has reached its tipping point. Over half its population now lives in cities. What does this mean for the continued existence of humanity, for our children's future? Progress and development have not brought universal prosperity and peace. Instead, competition intensifies as increasing number of people in marginalised situations compete for scarcer resources.

*Barefoot in the City* redefines the way we think, live and raise our children – organic and free range - so that they learn to be economically viable, successful and more heart-centred in an overcrowded and dehumanised world.



*Cover and author photographs  
by Gianinna Salas*

Jacqueline Koay is the mother of five children, a yogi, a dancer, a writer and a cook. Educated at Manchester University and the University of Oxford, UK, Jacqueline left a long and successful career path behind to create and to live barefoot, following her dreams. She is now an award-winning author of several books.

Though growing up in an unconventional family environment, Jacqueline's four grown-up children have pursued conventional career paths: in investment banking, the military, property development and higher education. Her youngest, 12 year old Georgina, is a successful athlete and a national Tae Kwon Do champion.



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